The Polish government has prepared three variants of restrictions, which are introduced depending on the development of the situation

- Stage of so-called responsibility (from 28.11 to 27.12.2020),
- The stage of stabilization, i.e. a return to the division of Poland into three new zones red, yellow and green (from 28.12 at the earliest depending on the epidemic situation)
- National quarantine (in the case that the final safety threshold is exceeded or the health care system becomes inefficient, there will be a need to immediately and radically reduce virus transmission in the population).

STAGE OF SO-CALLED RESPONSIBILITY - 28 November to 27 December 2020

Movement

- distance 1.5 m from other people;
- restrictions on the movement of children and young people under 16 years of age. From Monday to Friday (school days) between 8:00 and 16:00 they can only move with a parent or legal guardian

Shops in shopping malls

- From 28 November, restoring the functioning of shops and services in galleries and commercial parks
- maximum 1 person per 15 m2

Shops and shopping malls

- Limited number of customers max. 1 person /15m2
- Hours for seniors Monday to Friday from 10:00 to 12:00

Winter holidays from 4 to 17 January - applies to primary and secondary schools.

The school break throughout the country will last from 4 January to 17 January 2021 and will replace the previous winter holidays.

Cultural events and cinemas - suspended activities

Public transport - reducing the number of people in public transport:

• 50% of the number of seats,

OR:

• 30% of all seating and standing places, while leaving at least 50% of the seats unoccupied in the vehicle

Religious ceremonies

- Limiting the number of people in churches max. 1 person per 15m2
- the obligation to keep a distance of min. 1.5 m from other people and covering the nose and mouth.

Meetings and gatherings

- The meeting may be attended by max. 5 persons.
- Events organized at home with participation of max. 5 people. This limit does not apply to people who live together

Weddings, communions and other celebrations - ban on organization

Education - remote learning for students of all classes of primary, secondary and high schools

Hotels - suspended activities, except for guests on business trips, athletes and medics

Catering - only "take-away" and "delivery"

Hairdressing and beauty salons - functioning in a sanitary regime - min. 1.5 m distance between the posts

Gyms, fitness clubs and aquaparks - suspended activities

Competition and sporting events - without public participation